

Chess in the Park

by Rosemary Spittler

On Saturday, July 8, 2017, neighborhood residents, chess enthusiasts and want-to-be chess players gathered in Francis Park for the official ribbon cutting of the new chess tables donated by The Chess Club and Scholastic Center of Saint Louis. The two beautiful concrete chess tables give neighborhood residents an opportunity to enjoy playing chess in the park.

The chess plaza was a joint collaboration with Mark Niebling of The Chess Club and Scholastic Center; Dan Skillman, St. Louis City Parks Commissioner, now retired; former 16th Ward Alderwoman Donna Baringer and current 16th Ward Alderman Tom Oldenburg; Friends of Francis Park Co-Chairmen Tom and Joni Byrne; FOFB Board Member Rosemary Spittler; and John Schwartz, Assistant Athletics Director and Assistant Director of Admissions, Bishop Dubourg High School. Chess clubs from Bishop Dubourg High School, St. Gabriel Archangel and St. Raphael Archangel grade schools were all represented at the ribbon cutting.

The chess plaza is intended to provide a space in Francis Park where people can enjoy playing chess, learn to play chess, or improve their existing chess skills. Chess lessons will be offered to interested people of all ages. Information on chess lessons and other events at the Chess plaza will be on the Friends of Francis Park website. In addition, representatives from the Chess Club and Scholastic Center of Saint Louis will be visiting the chess plaza to offer demonstrations and tips to help refine your game. These sessions will normally be most Saturdays and an event schedule will be on the website. We encourage you to use these chess tables and to also support Lanai Coffee while you are there. They have been very supportive of this chess plaza.

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If you would like to advertise in a future issue please contact Terry North at tcnorthdesignlines@sbcglobal.net.

To submit an article or if you have an idea for future content, please contact us at slhnnewsletter@gmail.com



Photos by Arteaga Photos LTD

16th Ward Aldermanic Update / by Tom Oldenberg



St. Louis Hills Residents:

There has been no shortage of things to do since taking office on April 18. My initial work has been divided between two main areas: tackling citywide issues with the Board of Aldermen, and helping Ward 16 residents solve their day-to-day problems.

Changing the way we approach public safety, development incentives and other “big” topics can take weeks or months of negotiation. But back in our neighborhoods, the “little” things still require immediate attention every day. In the last three months, I am pleased to report that my office has helped facilitate:

- **119 visits from the City’s Forestry Division** to handle branch removal, tree trimming and weeding
- **56 pothole repairs by the Streets Department** in our streets and alleyways
- **47 responses from the City’s Refuse Division** to address overflowing dumpsters, illegal dumping and bulk item disposal
- **56 responses to property maintenance issues** throughout our neighborhoods

To keep the momentum going, my hope is that each of you will engage with me as often as possible. Your options include:

- **Checking out ward16stl.com.** This new website is a comprehensive resource for residents in our area. It also includes contact forms for submitting news and reporting neighborhood issues.
- **Signing up for my e-newsletter.** The Ward 16 Weekly delivers the latest updates from City Hall and Ward 16 directly to your Inbox; sign up at ward16stl.com.
- **Attending neighborhood office hours.** I chat directly with residents at the St. Louis Hills Starbucks at least one morning each month; see my e-newsletter for details.
- **Following me on Facebook or Twitter.** Just search for @OldenburgSTL to get started.
- **Contacting me directly.** You can reach me at (314) 896-0204 or oldenburgt@stlouis-mo.gov.

No matter what your preferred method of communication is, please know that I look forward to hearing from you soon.

Tom Oldenburg

Ward 16 Alderman



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SLHNA Business Committee Update

by Mark Naeger



As we enjoy the middle of summer, hopefully you are taking advantage of the many outdoor events offered in and around St. Louis Hills. In addition to these unique events, we must also get out and patronize our local and independently owned businesses. We are lucky to have a unique neighborhood that features some of the best restaurants, retail stores, and service providers our city has to offer. Never one to sit back and relax, our neighborhood is excited for some new additions. MK's Asian Persuasion opened a few weeks ago and has enjoyed a steady flow of satisfied patrons. The award-winning Salt + Smoke plans to open their doors in August in the spot formerly occupied by the neighborhood favorite, Mathew's Kitchen. We look forward to these businesses being in the Hills for many years to come.



Having newly been appointed to this position on the Business Development Committee, I would like to take the opportunity to invite you to join us at our next planning meeting. It will be held on Wednesday, August 30th at 7:30 pm at Edibles and Essentials on Hampton Avenue. We welcome people with all levels of experience. We only ask that you come with enthusiasm and ready to share your ideas and solutions. The mission of our group revolves around three main principles:

1. Facilitate communication between our residents and business owners in order to maximize harmony and foster a unified ecosystem.
2. Assist both new businesses in getting established and existing businesses with potential changes to their current situation. We accomplish this by helping them navigate the various steps required by both the neighborhood and city.
3. Market our neighborhood to potential new businesses and attract non-residents to our local businesses in order to increase patronage.

If you are a current resident, potential resident, current business owner, or potential business owner in St. Louis Hills, I encourage you to contact me directly to see how our committee may be able to help you in strengthening our business ecosystem. You can reach me directly at 314-799-9962 or naegerm@danielandhenry.com

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Frogs, and Caterpillar and SNAKES, Oh My! by Ann Layton



The second (and final) phase of our neighborhood's favorite concrete sculpture installation in Francis Park will be completed this summer. Look for two concrete snakes to wind their way in a free form circle approximately 110 feet in circumference around the frogs and caterpillar -- who have been residents in the park at Delor and Tamm for the past year. Two snake heads will form a reptilian entrance to greet all who visit.

After the snake curbing is complete, mulch will be spread in the area to help eliminate muddy feet and paws when the ground is wet. It will also protect the larger sculptures from inadvertent damage from city lawnmowers.

This work is made possible with funds raised by Art in the Park - our neighborhood's premier art fair. This year's Art in the Park will be in Francis Park, Sunday, September 24th from 10:00 AM to 6:00 PM. For more information or to volunteer to help, please go to artintheparkstl.com.



Donna M. C. Baringer, State Representative



The transition from being your Alderman to State Representative has been one that has allowed me to hit the ground running. As a freshman I was able to pass legislation that allows the St. Louis Airport police to continue to benefit from their lifelong pay into social security. I also played a role in the passage of the REAL ID legislation so we are federally compliant and you may continue to use your MO driver's license to fly. During the regular legislative session, which is January to May, I email a bi-weekly update. Since I was not provided with the previous 82nd district email list, I have been building one based on my previous 16th ward list and adding to it anyone who has contacted me. If you would like to receive an update please email me at donna.baringer@house.mo.gov. If you have a hardship that does not allow you to receive emails, please call 573-751-4220, and we will place you on a hard copy mailing list. My goal is to inform you with the facts on proposed legislation so you have a full understanding of

what is in a proposed piece of legislation. Please feel free to contact me with any questions or concerns that you may have. Thank you for allowing me to serve you.

Representative Donna M. C. Baringer
District 82
State Capitol, Room 109-1
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Jefferson City, Missouri 65101
Phone: (573) 751-4220
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SLHNA History Committee Report

by Nancy Vordtriede

The St. Louis Hills History Committee is dedicated to preserving the rich history of St. Louis Hills. We have received various contributions through past estates, newsletters, magazines, meeting notes, memories, etc. All contributions are recognized on our website, stlhills.com, and are sincerely appreciated by the St. Louis Hills Neighborhood Association. If you have historical information you wish to contribute or memories to share, contact Nancy Vordtriede at 314-616-6468 or nan.vordtriede@gmail.com.

Since we have received several issues of "The News of St. Louis Hills Magazine", published 1934 through 1952, I thought I would share some Historical Tidbits from a couple of the magazines themselves.

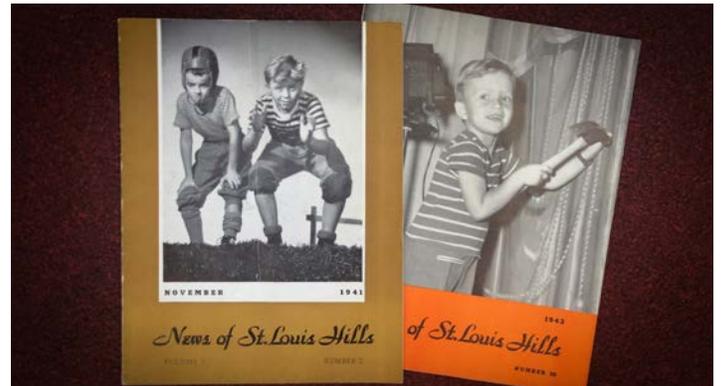
The "News Of St. Louis Hills Magazine" began publishing in 1934 and ceased in December of 1952. Cyrus Crane Willmore, who gave Willmore Park to the City in 1945 and was the Developer of St. Louis Hills, gave this magazine his sanction and blessing.

It went from a four to a 36 slick page magazine developed by the Cyrus Crane Willmore Organization, Inc. Mr. Willmore first opened the Hills as Developer back in 1929 with 700 acres barren of land to sell. The magazine was the "voice" and the "growth" of the neighborhood. With no street lighting, schools, or transportation, this magazine was the marketing tool in an effort to sell the area.

As of 1952 and the cease of the magazine, St. Louis Hills had gone from barren land to a neighborhood which included the 70 acre Francis Park, 105 acre Willmore Park, seven churches, five schools, a new high school, and 10,000 people living in the Hills.

Incidentally, Bishop DuBourg High School was noted indeed for being the largest high school in the City in 1952. The school was part of a program initiated by the late John Cardinal Glennon in which \$2,000,000 was raised for Catholic expansion in the city and county. At the same time, Adolphus J. Bush Elementary School (on Clifton) was in the midst of ceremony and laying their cornerstone with the St. Louis Public School Board and the Rev. William O. Murdoch of St. Andrew Presbyterian Church.

In December of 1952 in the last publication of "News of St. Louis Hills Magazine" nostalgia remembered through the years were the 25,000 red roses that the Willmore Organization planted and lined the neighborhood with, the first model home, first all electric home which attracted 100,000 people, photographs of church services held in the Willmore office, and Mr. Willmore providing bus service for the first person who moved into the Hills (and they received it too!). He later subsidized \$46,000 for bus service to the residents. Also included in the issue were the 3,000 oak and elm trees planted by the Willmore Organization too! (Hmm, makes you wonder when you see one?) Another



interesting fact noted was each new resident received a bouquet of flowers the day they moved into the Hills as a welcome gift.

In home decoration ruled with each new home construction. Walk-out attics, wood paneling (not just any, it had to be carefully masoned and constructed), basement game rooms, built in book shelves, thermal and glass windows, powder rooms with exquisite marked tile, drapes, outdoor "living" room gardens, metal cabinets, wooden cabinets, special alcoves, and yes wall paper was the trend, just to begin to name only a few. Colors were deep green, rust, or blue.

St. Louis Hills had a Study Club for book reviews, a Garden Club and a party surrounding the whole idea of the Garden Club, (more on this in another article), and reading further, sounds to me like it would be my personal favorite, The St. Louis Hills Music Club! Who can imagine, St. Louis Hills with their own musicians!?!

St. Louis Hills was referred to several times as the "City Within A City." Referring to its beautiful roses lining the neighborhood, its shopping district, bus line, fine homes, churches, schools, Garden Club, and Music Club.**

**The tidbits above are extracted and re-written, solely from the June 1936, October 1947, and December 1952 issues of the "News of St. Louis Hills Magazine."

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I LOVE MY DOG

By Terry North

The great songwriter John Hiatt wrote a song in 1974 called My Dog and Me, check it out on YouTube.

Have you ever noticed how many dogs are in the Hills? I swear more four-legged family, than two...I've often said that my dog, AKA the Queen, is the only living breathing mammal I can be around 24/7/365, maybe you feel the same way.

Which brings me to the point of this article: Leash Law Ord. #57980 I'll get to that in a bit.

First I want to share with you a couple of odd experiences I had around Easter."

I was walking the Queen at Francis Park on a rope, which I often do. It's about 20 feet long maybe you have seen us. It is controllable and I pull it in when we near people or other obstacles. On this particular day, a guy was running through and around the park exercising and his dog was off leash following him. No harm, no foul, but I called out and told him the dog should be on a leash. Ever had that feeling of wanting to say something, but didn't? I just spoke out, not like me really, I don't like confrontation. I'm a Labrador at heart after all. The guy stopped and came back at me challenging me and what I said. It was near the tennis courts, there were people around. I told him it was a \$100 fine for his dog to be off leash, he said "charge me \$200" and challenged my 20-foot leash, (technically he is right, a leash is considered a leash at 6 foot) he then took off to continue running, dog off leash up and around Tamm. I lost sight of him but was still weary of his whereabouts, I walked around a bit, concerned he was stalking me, then home.

Two days later I finished walking the Queen at Willmore, we like Willmore, the wandering paths are fun and the grass is high and those ducks and geese are oh so tempting. When



we arrived home, I let the tired but always happy girl off her leash to get out of the car, in our driveway. She, being the overly friendly canine that she is, approached a big guy walking down our sidewalk just feet from our car. In an instant he kicked her, not once but twice. Maybe she scared him, I don't know. He threatened to do it again and he threatened to knock me to the ground. He was not in a good mood! I wished him a Happy Easter! Go figure...

He was around 230 lbs. and 30 years my junior, with an unpleasant attitude. This was definitely not the St. Louis Hills culture we experience on a daily basis.

It was so random I had to wonder if the 2 incidents were related?

What is going on with people today? It seems that people escalate to a level of anger faster than before, look at the road rage we see on the streets and highways as evidence of that.

Recently there has been a lot of noise on Next Door, the community social media for opinion sharing, services rendered, neighborhood notices etc. One HOT TOPIC has been dogs being off leash, so now to the point of this article;

The St. Louis City Leash Law reads:
10.04.220 - Leashing of dogs.

A.

No person owning, having a proprietary interest in, harboring or having the care, charge, control, custody or possession of a dog, shall permit such dog to be in or upon any public street, park or other public place unless such dog is upon a secure leash not more than six feet long held continuously in the hands of a responsible person capable of controlling the dog, or unless the dog is securely confined within an automobile, or in or upon any enclosed lot or premises; provided, however, that this section shall not apply to any such person who is in possession or operating within the terms of a valid, unrevoked permit from the city for the conduct of obedience or other types of trial or show of dogs in or upon any public place.



I Love My Dog (Cont'd from Page 6)

10.04.350 - Penalty for violation.

Every person found guilty for the first time of a violation of any provision of this chapter shall be punished by a fine of not less than one hundred dollars (\$100.00) nor more than five hundred dollars (\$500.00) or by imprisonment for not more than ninety (90) days or by both such fine and imprisonment. Upon a finding of guilt of a second violation, the person shall be punished by a fine of not less than three hundred dollars (\$300.00) or by imprisonment for not more than ninety (90) days or by both such fine and imprisonment; upon a third and subsequent violation, the person shall be punished by a fine of not less than five hundred dollars (\$500.00) and by imprisonment for not less than ten (10) days.

(Ord. 66384 § 1 (part), 2004; prior: Ord. 65206 § 1 (part), 2001.)

Back to the article at hand if you're still with me...

It seems that every neighbor walking by our house with a dog has the dog on leash. It seems on most occasions neighbors walking their dog in the park have their dog on leash. It is a minority of users of the park that allow their

dogs to participate without a leash. Why is that I ask? Is it arrogance to ignore the posted regulation? Do those think their dog is so well trained they don't need a leash? Do they not consider the possibility and liability should something happen between their dog and another dog or God forbid a child?

I think what really caused me to be more diligent with the Queen was a story a friend of mine told me about their Airedale. The dog was off leash and decided to run across the street to greet neighbors walking, unfortunately the dog didn't see the car coming and was hit, she lived but lost a leg in the accident. It happens quick and it affects all involved.

Let's play nice, be good neighbors, look out for one another, say hello, and when in public keep your dog on leash. Buddy and Spot don't mind, they appreciate the discipline!

SLHNA Membership Committee Update by Derek Wiseman



On behalf of the Membership Committee, I'd like to extend a very sincere thank you to all of you who have submitted your membership dues for this year, and also to those who have volunteered your time and labor in order to make our neighborhood a better place. Your dedication and commitment to our community makes all the difference.

The financial support from those neighbors who pay their nominal yearly membership dues of \$30 allows SLHNA to continue to offer the many FREE sponsored neighborhood programs. These programs include the Neighborhood Christmas Party, the Christmas Tree Lighting, the Easter Egg Hunt, and the Membership Committee's Welcome Bag Initiative (to name only a few!).

Your continued support makes each of these SLHNA events possible. To those of you who have not become members yet this year - there is still time! To help ensure the future of SLHNA's fun and memorable neighborhood events, please join or renew your SLHNA membership today. You can do this in two ways:

1. By visiting <http://stlhills.com/membership-benefits/slhna-membership/> and submitting your membership dues there; or
2. By mailing your membership dues (cash or check is accepted) to SLHNA, P.O. Box 190314, St. Louis, MO 63119.

Thank you again for your continued support of our neighborhood and the SLHNA.



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Happy Summer in the Hills! Dog days are definitely here and another season of Lawn & Garden judging is complete. This process begins each year around the beginning of June with our goal of completion by the 4th of July weekend. Mission accomplished!

Something new we incorporated, Judges this year focused on an assigned zone, this gave more focus from within each zone. The hope was that each judge spent more time evaluating his or her zone vs. scanning the entire St. Louis Hills neighborhood. In my opinion this worked well, and while there were numerous qualified lawns the below list represents the Best of the Best. We awarded 12 Individual Awards, 3 Backyard Awards, 2 Multi-Family Awards and we returned to an old tradition, a Best Church Award!

Congratulations to each winner, and to those who didn't win, don't give up! Our neighborhood is better for all of the efforts everybody makes to improve their home and landscaping. One tip from me, "it all starts with the lawn". I have seen many qualified land/hardscapes only to see an-kept lawn.

Thank you to the team of Judges that gave their time, expertise and love of the St. Louis Hills neighborhood to help keep this time-honored tradition a fun event!

LAWN & GARDEN WINNERS 2017

BACKYARD WINNERS:

- 5921 HIGHFIELD RD. / CHRIS WEGMAN
- 6233 LORAN AVE. / CARYL FOLLIS
- 5865 ITASKA AVE./ AL & ARLENE KARETSKI

CHURCH WINNER:

- 6303 NOTTINGHAM AVE./ ST. GABES

MULTI FAMILY:

- 6427 NOTTINGHAM AVE. / JOHN & COLLEEN BURGHOFF
- 6216 LORAN AVE. / TRACY ADAMS

INDIVIDUAL:

- 6542 ITASKA AVE. / DANIEL FLIER & ANDREW FORMENTI
- 6565 DELOR AVE. / JOANN DEVINE
- 5979 KEITH PLACE / JOHN & JOAN WARE
- 5963 BISHOPS PLACE / KEVIN & CATHY CHAPMAN
- 6246 DELOR AVE. / ROBERT & ELLEN WILLNER
- 6548 MURDOCH AVE. / AMYBETH BERG
- 6215 ITASKA AVE. / KURT & BROOKE RICHARS
- 6457 KINSEY PLACE / BART & LINDA SARACINO
- 76 WILLMORE RD. / THAD & THERESA NEAL
- 6737 DEVONSHIRE / BRYAN & SARAH METZGER
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SLHNA Annual Scholarship Award

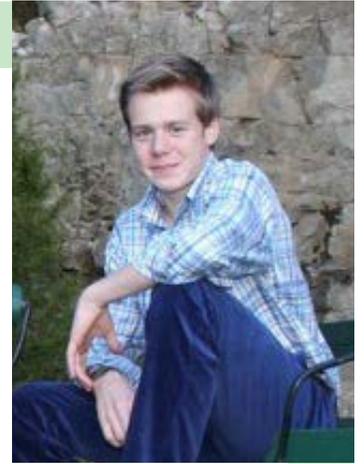
by Joyce Bytnar

SLHNA awarded the annual one-year scholarships to four deserving eighth grade students who live in our neighborhood at their graduations ceremonies in May.

The recipients from St. Gabriel the Archangel School are: **Jackson Chatman**, heading to De Smet Jesuit High School; **Shelby Roeder**, joining the Freshman Class at Bishop DuBourg High School; and **Nicholas Campbell**, attending St. Louis University High School. Nick will be joined at SLUH by **Andrew Borowiak** from St. Raphael the Archangel School.



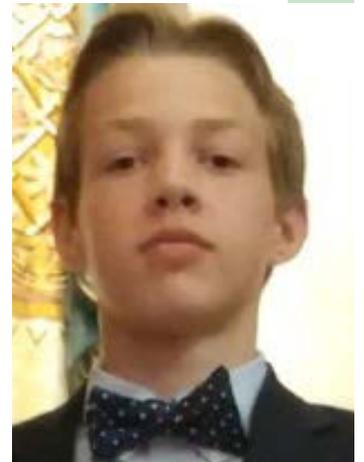
Andrew Borowiak



Nicholas Campbell

The scholarship is offered to eighth graders whose parents have a history of membership in SLHNA. Students are judged on scholarship, leadership, and service by submitting a current report card, an essay with the title “Why I am Deserving of this Scholarship,” lists of neighborhood volunteerism and extra-curricular activities, and a letter of recommendation. At least six judges read each blind application and award points in each category. Scores are added together, and the highest scoring students receive the scholarships. Each year, the judges are really impressed with the applications.

A message announcing the scholarships is sent to grade school area principals, which include those at St. Raphael the Archangel, St. Gabriel the Archangel, and Word of Life Schools. The application information is sent in March with a deadline for all submissions by mid-April so that the scholarships can be awarded at graduation ceremonies in May. Children of members who do not attend local schools can find out about the scholarships in church bulletins or online at the SLHNA website (stlhills.com). Applications can be downloaded from the website each March.



Jackson Chatman



Shelby Roeder



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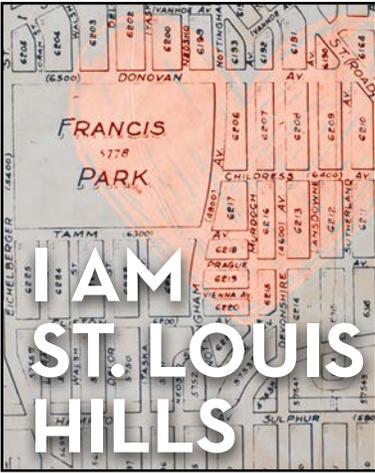
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Featured Resident: **BART SARACINO**

I was born and raised in this neighborhood on the 5500 block of Devonshire. I attended St. Gabriel and Bishop DuBourg. My brothers, John and Michael, also attended St. Gabriel and DuBourg. My brother, Chris, went to St. Raphael and CBC. This has been our stomping ground for many years, and really it hasn't changed that much. If anything, the neighborhood is more vibrant now than it was then thanks to all the great people who work to keep it that way.

My father, Bart Sr., opened LaCino's, an Italian restaurant, on Hampton in 1961 and Bartolino's on Columbia in 1969. I worked at both locations as a young boy so my neighborhood roots go way back. My parents moved from Devonshire to Kinsey Place in 1974 while I was in high school. I really didn't think much about the neighborhood then, other than the fact my mother and grandmother loved the house we were moving into. We opened Bartolino's South in 1976, Chris' Pancake and Dining in 1988 and Chris' at the Docket in October 2016. We're committed to the city and its surroundings, and we really want to keep the area strong.

I lived in the same house on Devonshire after I got married. My wife, Linda, and I looked for a larger house when we started our family. We tried to stay in the neighborhood, but at the time we were unsuccessful. We move to Affton, and after 12 years living there, an opportunity to return to St. Louis Hill presented itself with the passing of my mother and grandmother. My father moved into the Park Mansion Condominiums by St. Raphael and we moved into Kinsey.

Our children were 11, 8, and 5 at that time and attended St. Raphael. We immediately fell in love with the fact that they could walk to school! So began my true appreciation of the neighborhood I had missed as a teenager. Everything we did, everyplace we went, was right at our fingertips; from the parks to the library, to the corner market and large grocery stores, the pharmacy, the tailor, the shoe repair, the coffee and donut shops, and all the small businesses. It was such a wholesome neighborhood then, and it continues to be so today. It makes me so proud to see my daughter, who also lives in our area, enjoy her neighborhood, as her block comes alive once school lets out with all the children playing outside and the parents visiting.

Just to see the families walking the park with their kids and their dogs, all the children still walking to and from school, the churches so involved with the community on each corner (a great testament to the faith of the residents), and neighbors helping to keep everything looking beautiful and watching out for each other. It's truly a one of a kind neighborhood! My appreciation grows by leaps and bounds when I see all the work the volunteers do to make it even better each year. It seems everyone who lives in St. Louis Hills knows what a true gem it really is, and we all appreciate it. I believe that is the greatest tribute we can give to our beloved neighborhood, our love and respect.



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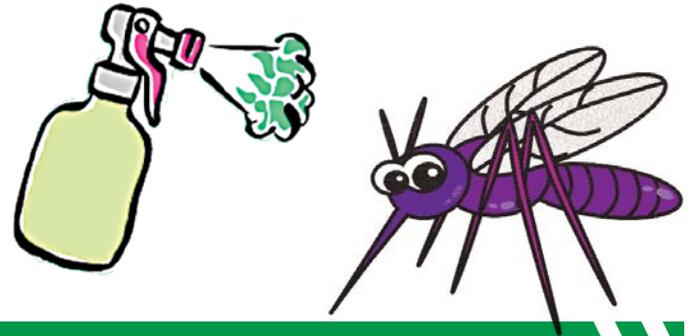
of the SLHNA

St. Louis Hills Block Captain Program NEEDS YOU! by Nancy Vordtriede

The St. Louis Hills Block Captain Program provides an excellent opportunity for residents to become involved in the neighborhood. Block Captains partner with neighbors and the St. Louis Hills Neighborhood Association to maintain our community's spirit, safety, and vitality.

The Block Captain Program wants your help in reaching its goal of having a block captain on every block of our neighborhood. Block Captains serve as a vital communication link with neighbors on their block and the SLHNA.

What does a Block Captain do? A Block Captain is a paid member of the SLHNA and serves as a resource person and conduit for their block, relaying resident ideas, concerns, improvements, and nuisances to the SLHNA Board. A Block Captain also welcomes new residents and provides and gathers information about new membership. They also engage their neighbors in our meetings, activities, and safety benefits and or communications. Block Captains attend and engage in scheduled meetings and work with neighbors for overall community betterment and safety, including helping to plan a Block Party. If you are interested in becoming a Block Captain, contact either Jamie Frisella or Nancy Vordtriede at slhnablockcaptains@gmail.com.



Managing Those Pesky Summer Bugs by Sarah Seger

As a St. Louis Hills resident, I wanted to pass along a helpful recipe my family has found effective in repelling those pesky summer bugs. We were getting bit up terribly by oak mites and mosquitos last year and found this recipe worked wonders to keep them at bay, and we love the fact that it was a natural and safe remedy.

Recipe: All Natural Bug Spray that really works!

- 30 drops lemongrass essential oil
- 25 drops peppermint essential oil
- 15 drops tea tree (melaleuca) essential oil
- 1.5 ounces witch hazel or vodka
- 2 ounces distilled or boiled water

Fill a 4 oz clean spray bottle fill with water, add the witch hazel or vodka, and then add about 50 to 75 total drops of your various essential oils. Shake well. Spray onto exposed skin and/or clothing, avoiding eyes. Reapply every 2 hours, or as needed. Store in a cool, dark place away from heat or sunlight.

**For the most effective results, therapeutic grade essential oils work best*

If you're reading this in hindsight, here are some great ways you can stop the itch when it comes to bites.

- Apply lavender or tea tree essential oil directly to the insect bite
- Apply apple cider vinegar to the bite
- Rub the affected area with a lemon slice

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RUN FOR THE HILLS

26 Years Running in St Louis Hills

Saturday, September 16, 2017

8am – 5K Run • 9am – 1 Mile Walk & Competitive Youth Run • Awards Following

Location: Francis Park in St. Louis Hills. Use St. Gabriel Church on your GPS (6303 Nottingham, 63109).

*5K–Starts at the intersection of Donovan & Iaska Streets and ends at Nottingham & Tamm Avenues.

*1 Mile Walk & Fun Run–Starts & ends at Nottingham & Tamm Avenues.

*1 Mile Competitive Youth Run–Starts on Nottingham midway between Childress & Donovan and ends near Nottingham & Tamm Avenues.

Entry Fees:

\$25–Individual 5K (\$30 if registering on Friday, 9/15 or Saturday, 9/16)

\$20–1 Mile Walk & Fun Run and Competitive Youth Run (\$25 if registering on Friday, 9/15 or Saturday, 9/16)

\$60–5K Family registration (includes 3 unisex t-shirts)

Questions: Call (314) 352-5621.

Registration: Preregister with this form or www.sthills.com or <https://register.chronotrack.com/r/31746>. Family registrants must complete this form and mail or register in person on Friday 9/15. Checks payable to: Friends of Francis Park. Mail entry to: Run for the Hills, P.O. Box 190314, St. Louis, MO 63119-6314.

Post-Race Ted Drewes, Bagels & Fruit+Awards+Microchip Timing By Big River Running+A Cool T-Shirt+You=Continued Beautification of Francis Park!

SINGLE PARTICIPANT REGISTRATION

(1) Name: _____ Address: _____ Email: _____ Phone: _____

Age as of 9/16/17 _____ M F Event: 5K 1M Walk Youth Run Neighborhood Supporter **Shirt Size** (see above for options) _____

FAMILY REGISTRATION

(1) Name: _____ Address: _____ Email: _____ Phone: _____

Age as of 9/16/17 _____ M F Event: 5K 1M Walk Youth Run Neighborhood Supporter **Shirt Size** (see above for options) _____

(2) Name: _____ Age as of 9/16/17 _____ M F Event: 5K 1M Walk Youth Run Neighborhood Supporter **Shirt Size** (see above for options) _____

(3) Name: _____ Age as of 9/16/17 _____ M F Event: 5K 1M Walk Youth Run Neighborhood Supporter **Shirt Size** (see above for options) _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course route. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, the conditions of the roads, all such risk being known and appreciated by me. In consideration of the acceptance of my entry, I, for myself, my executors, administrators and assigns do hereby release and discharge St. Louis Hills Neighborhood Association, Friends of Francis Park, and all other sponsors and supporters and all agents, and persons acting for and on behalf of all such entities as a result of my participation in said event. **PARTICIPANT SIGNATURE:** (or responsible party if under 18) _____

SLHNA Young Ambassadors Needs Volunteers by Bridget Fahy

Are you a young professional who loves living in St. Louis Hills? Looking for new ways to get involved in local events? We're looking for committee volunteers to grow the St. Louis Hills Young Ambassadors program. The committee will have the opportunity to foster new opportunities to socialize and engage both the young and young at heart in St. Louis Hills. For more information send an email to Bridget Fahy at befahy@gmail.com.



David R. Francis Memorial Statue UPDATE by Rick Palank

The David R. Francis Committee has raised about 95% of the \$140,000 goal. In addition to the cost of the statue, donations are needed to install the statue, site preparation, lighting, landscaping, construction of the statue base, and laying all of the clay and bronze bricks.

Please consider making a donation. A donation of only \$250 will memorialize you, your children, or another family member with an engraved clay brick.

For more information about the statue and donation options, please go to www.drfstatue.org.



ATTENTION! St. Louis Hills News and Views is looking for volunteers to take over editing this newsletter! For more information, please contact Rick Palank or Chris Murphey.

Rick - rpalank@gmail.com
Chris - chris.murphey@gmail.com

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NOTABLE DATES

23 Aug 2017 - Board Meeting

2 Sep 2017 - Tour de Francis Park
(Run by Staenberg Group Gateway Cup)

16 Sep 2017 - Run for the Hills
(Run by Friends of Francis Park)

24 Sep 2017 - Art in the Park
(Run by Art in the Park)

27 Sep 2017 - General Meeting
(Held at Bishop DuBourg)

14 Oct 2017 - Brew in the Lou
(Run by LESA STL)

25 Oct 2017 - Board Meeting

15 Nov 2017 - Board Meeting

26 Nov 2017 - Tree Lighting

Dec 2017 - Holiday Party

St. Louis Hills
News and Views



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